

INSTRUCTIONS

**National ranking orienteering competition on middle and long distance
INOV-8 Cup 2017 in orienteering**

TATRY ORIENTEERING - Grand Prix Slovakia 2017



Organizer: Slovak Orienteering Association

Technical support: Orienteering club Ružomberok

Program: 6th July 2017 -Thursday - Long distance
7th July 2017 -Friday - Long distance
8th July 2017 -Saturday - Middle distance
9th July 2017 -Sunday - Middle distance

Classification:

6th-7th July 2017 - Open individual competition: long distance with specified order of control points.

8th-9th July 2017 - Open individual competition: middle distance with specified order of control points.

Competition Centre:

Autocamping ATC Račková dolina /Pribylina/ - Slovenská republika
GPS 49.130673° 19.792403°

Parking: On field approx 300m from north end of campsite GPS 49.133617 19.796294,
The driver has the responsibility to secure a car against leakage of petroleum substances. Drivers will be checked at the entrance to the parking field whether they have got the tray or carton to put under the car. If the car would not be secured, parking will not be allowed. In case of very rainy weather parking will be by the road near by campsite.
For campers, we highly recommend parking right in the campsite, because the competition centre is close to campsite.

Registration: 5th July 2017 - Wednesday from 11:00 to 20:00 near the chalet, close to parking field **GPS 49.133617 19.796294.**

6th July 2017 - Thursday from **9:00** to **10:30** near the chalet, close to parking field **GPS 49.133617 19.796294**. Limited option - no changes and payments!

Fees: Many runners made incorrect payment please check your payments on orienteeringonline.net some of runners did not counted the parking and bus fee- 2€/4days or maps for training (if you have registered after 28th of February).

Changes: Each change via e-mail as well as on registration will be charged per € 1. Category changes will no longer be possible. Only the Open Categories if the limit of runners permits. Registration on 6th of July 2017 after 11:00 will be strictly closed. If you will miss the registration you have to wait until the end of the first day race and then you can register and you can start normally the following days. For contestants who will start only on one stage, the opportunity to present themselves will be before each stage or for those who will want to report changes every day from 8:00 to 8:30 at the chip reading area.

Training: Runners registered to date 28th of February 2017 get training maps for free. The list of competitors is listed on the race site. Runners registered and ordered the training maps after 28th of February will pay 1 €. There is possibility to purchase training maps at the registration 2 €. Training is not an organized event, but an individual program of individuals. The organizer does not take responsibility for the behavior of the competitors.

Training in Pribylina skanzen:

One of the training maps is Pribylina skanzen - the open-air museum. The entry fee with a training map cost 1€ at ticket office /normal price is 3 €/.

Race T-shirt: Clubs will get ordered T-shirts at registration. Possibility to buy T-shirts in limited amount

Meals: Meals will be served in ATC Rackova Dolina campsite restaurant; priority will be given to runners with ordered meals. Other guests depend on capacity of the kitchen. It will be possible to buy meals in front of the campsite / sausages, ect./ Possibility to buy some food in small grocery in campsite. Buffet snacks will be provided at the competition centre. For accommodated in Pribylina / gym, guest houses / we recommend boarding in Guest house Temo Tatry which is just opposite the gymnasium. Please also use other dining options.

Information for accommodated in gym:

The Gym is located on beginning of Pribylina village. You can find it on the poster with training maps. One person will have got the keys, who will be responsible for unlocking and locking of the gym. You have to leave gym every morning at 8:00 and at 18:00 the gym will be unlock again. In case that someone with unpaid accommodation fee will stay in gym, he will be excluded from the race and the fine 100€ will be given.

Shops: Grocery in the centre of the village Pribylina, in front of Skanzen Prybilina you can buy souvenirs and handmade cheeses. Also there will be possibility to buy orienteering goods at competition centre.

Transport: Organizer will provide transport by buses during 3rd and 4th stage from the competition centre to the start and from the finish to the competition centre. To these stages it is impossible to use own car. Don't use the shoes with nails in buses. Keep buses clean. Bus stop is located by North East corner of campsite fence. First bus starts 30min before zero start. Take the bus 30 minutes before your start time. Bus transport takes about 5-8 min. Boarding after Stage 3 route along the road close to finish of Stage 3. Boarding after Stage 4 is along the road at the Jurky petrol station in Pribylina.

Special program: Friday 7th of July 2017 from 18:00 - Band
Saturday 8th of July 2017 Disco /only in good weather/

Distances:

	Stage1	Stage 2	Stage 3	Stage 4
Parking- Competition centre	0 m	0 m	0 m	0 m
Competition centre - Start	1,2km 60 m climb	400 m 35m climb	4,5 km by bus	4 km by bus + 1 km walk
Competition centre - Finish	0 m	0 m	3,4 km by bus	5 km by bus + 500 m walk

Start 000 Stage 1 13:00
 Stage 2-4 10:00
 Categories Open have got the punching start.

Time limit: Middle distance: 90 min
Long distance: 180 min

Objections and protests in the hands of the head referee with a deposit of 10€.

Restriction of movement in racing area:

Do not enter the private land. Forbidden area is marked as hatched on the map, it is also art of the campsite. In 3rd Stage the hatched area isn't forbidden but this area is almost impassable. Do not enter forbidden area. Forbidden area except races is everywhere outside the hiking trails. Violation of this prohibition will result in disqualification! Park only on places marked as parking place.

Maps: Map size - A4. Digitally printed on waterproof paper. Control descriptions are not printed on maps! Surveyed: autumn 2015 to spring 2017 by Valter Sohler.
www.mapsfororienteering.com

Slabejka 1:7500 E 5m, ISOM 2000
Lehotník 1:7500 E 5 m, ISOM 2000
Krivul'a 1:7500 E 5m, ISOM 2000
Pribylinka 1:7500 E 5 m, ISOM 2000

Training maps with map of surrounding area on back side:
Control points on training course are marked in the terrain with ribbon with code of control point.

AUTOKEMPING 1: 1:10000 E 5m, ISOM 2000
SKANZEN : 1:10000 E 5m, ISOM 2000
ŠTRBSKÉ PLESO: 1:10000 E 5m, ISOM 2000

Map sample

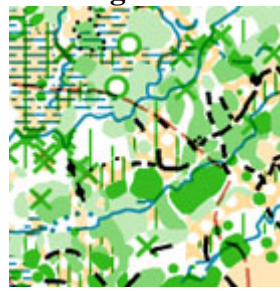
E1 - Stage 1.



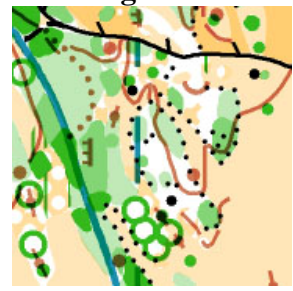
E2 - Stage 2.



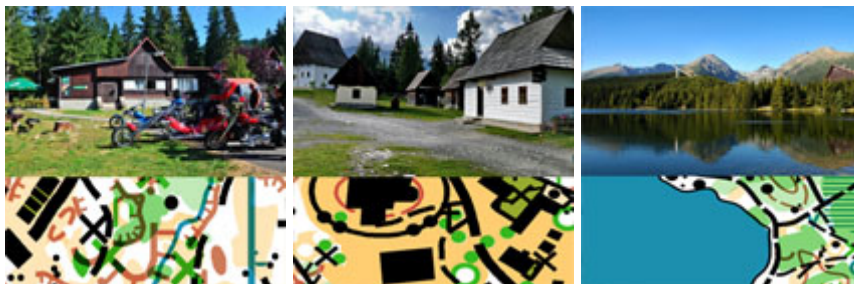
E3 - Stage 3.



E4 - Stage 4.



Training maps:



Photos from the terrain:

<http://www.tatry-orienteeing.sk/fotografie-tatry-orienteeing.html>

More photos on Facebook:

<https://www.facebook.com/tatryorienteeing>

Terrain:

Depending on the stage, from slightly hilly to almost complete flat, average density of roads and tracks, forest with varying runability with lot of details / pits, small depressions, small open areas in forest../. Some courses run trough mountain meadows and semi-open or open areas. Greater amount of marshes - Nordic Scandinavian terrain. Extremely demanding terrain, especially in variable vegetation.

Terrain caution:

Terrain caution:

Be careful when running on wooden footbridges over the stream at the first stage for all racers, especially if it is wet. Be careful when running on asphalt road - car traffic will not be regulated. M 21E runners run in the 1st Stage also through streams whose average water depth in dry weather is 10-20 cm.

The terrain is the most demanding in the summer, when vegetation is the highest. The meadows can be uncut and cows can be in meadows. Some paths are less visible, or they may be completely invisible. Some small streams may be dry. Marshes areas - The borders of wetland and depth will depend on weather conditions. After rain, marshes can also appear on other places than drawn on the map. Changes on maps after 15 June will not be on the map.

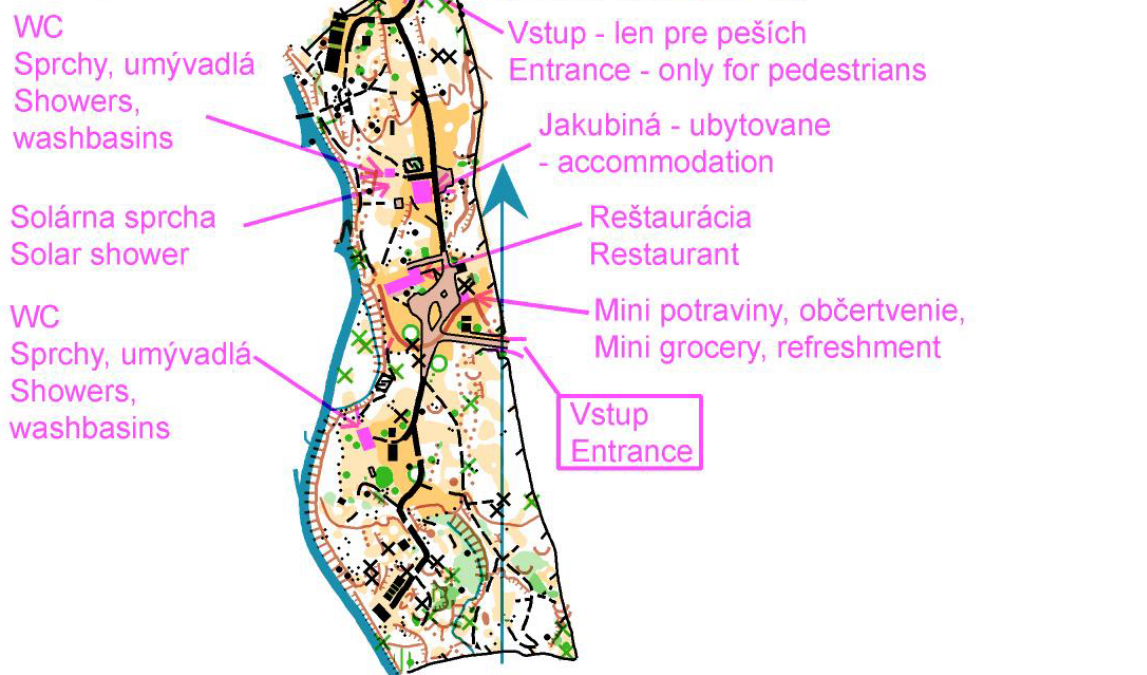
Give special attention to the most demanding third stage. It is very difficult to navigate in the terrain- vegetation is not clear, it is difficult to navigate by streams, and they are lost in high grass. There are few significant landmarks in the central part of the map; in case of loss of orientation we recommend a new beginning from the north or south of the terrain. In this stage, wet pits also occur. They are little ponds with a. In the marshes near streams you can fall up to your knees, elsewhere you can run depth of 1.5 meter quite well. There are also very small rocks of 0.5 meter size mapped in the terrain, because they are a good orientation aid. In areas with high density of rootstocks, it is possible to move very slowly, if at all. In 3rd Stage is a mandatory section for categories M / W 10 and M / W 10R and M / W12. On the map Krivul'a on 3rd stage is drawn hatched area as a dangerous area. It is not forbidden to go through it, but it is very difficult.

Refreshment on race: Stage 1 and 2 – water
Finish /Stage 1-4/ - water

Toilets: There are two main buildings with toilets and showers in North and South part of campsite area and there are more toilets in the forest. Mobile toilets will be located on competition centre.

Washing: On campsite are showers, solar shower, and wash basins by Jakubíná cottage

Autokemping Camp



Timing: Sportident

Race officials:

Race director:	Valter Sohler, R2
Main referee:	Jan Picek, R1
Course planners:	E1 - Valter Sohler, R2
	E2 - Andrea Sohlerová, R2
	E3 - Valter Sohler, R2
	E4 - Jan Picek, R1
Secretary:	Andrea Sohlerová R2

Rating: The sum of the times of two stages of the competition will decide about the winner. The winner has to take part on all four stages.

Prizes: Various prizes T-shirts, books, vouchers, bio-cosmetics from the sponsors, diplomas

Information: www.tatry-orienteeing.sk e-mail: tatry.orienteeing@gmail.com
Tel.: 00421 905 683 618 (English) call after 14.00

Warning: **All competitors take part in the competition at their own risk and responsibility, without any claim for personal injury or injury caused during or as a result of these races.** The organizer is not responsible for the damages caused by the racers. Parking only on places marked as parking area.

Valter Sohler
Race director

Jan Picek
Main referee