

Majstrovstvá SR v LOB na dlhých tratiach a v štafetách

Information summary

Start = 00: Saturday: 13,00, Sunday 11,00.

Map: Skalka pri Kremnici 2018, 1:10 000, E 5. Situation II/2018, printed by laser printer, not protected on Saturday. Map exchange - M20, M21, M35 a W21.

Punching: SI, runners must punch at the finish line and to go to read SI card immediately. If not done, disqualification.

Centre: Relax centrum. Warming up is allowed only in the stadium. Sunday – public control app. 3-5 minutes before finish.

Start numbers: Only for relay.

Tracks: 70% wide, 29% scooter, 1% dotted. There will be many skiers in the terrain, be careful.

Relay entries: Not later than during the prize-giving on Saturday.

Courses:

Sobota				Nedeľa			
Kategória	Dĺžka	Prevýšenie	K.S.	Kategória	Dĺžka	Prevýšenie	K.S.
W21, M35	10,1	150	16	M19	6,2-6,4	100	12
M14, K3, W17, W55	3,1	60	6	W19	4,2	90	10-11
M17, M45	6,7	100	13	M18, W110	3,2-3,3	40	8
M20	10,0	150	16	M90	3,7-4,0	80	10-11
M21	11,8	180	17	M110	3,2-3,3	70	9
M55, W45	5,3	70	9				