



## BULLETIN

### National Orienteering Ranking “INOV8 cup” Competition on Middle and Long Distances

#### CENTRAL EUROPEAN SPRING ORIENTEERING MEETING 2018 Held the 11-th year



Orienteering club KOBRA Bratislava in cooperation with municipality of Borský Svätý Jur and the main partner - Slovenská sporiteľňa a.s. welcome the competitors on 11-th international orienteering competition CESOM in 2018, in Tomky resort.

Please mind the following information for succesful participation:

**Organizer** Slovak orienteering sports association  
Orienteering club KOBRA Bratislava with municipality of Borský Svätý Jur

**Date** 7-th April, 2018 (Saturday) middle distance INOV-8 cup national ranking competition  
8-th April, 2018 (Sunday) national ranking INOV-8 cup competition on long distance

**Classification** Open day individual competitions with defined order of control points

**Event Centre** Borský Svätý Jur, Tomky resort

The arrival will be marked from crossroad in Tomky settlement (GPS start of marking 48.573390,17.089500 – see image 1).

In the event centre there will be a tent for competitors and clubs can set their own tents in an area marked for this purpose

**Parking** Marked area in event centre (see image no. 1), please mind the orders of the organisers.

**Registration** In the event centre (GPS 48.575996, 17.098275):  
7-th April 2018 09:00-12:00, **changes possible only until 11:30**  
8-th April 2018 08:00-09:00

**Categories** According to invitation , but category W-20A was merged into W-21B

**Accommodation** Sleeping in own sleeping bags – gym of elementary school in Borský Svätý Jur. The facility will be opened at 18:00 on Saturday, please leave by 9:30 on Sunday.

Accommodation ordered for 2 nights from Friday evening are at Lakšárska Nová Ves elementary school gym.

**The club leaders are responsible for leaving the accommodation facilities clean and tidy.**

**Catering** In buffet in competition centre and in nearby restaurants.  
There are limited possibilities in the area, thus Restaurant “U Tonky” (see map-image 1) offers a possibility for dinner on Saturday from 17:00. One menu possibility (chicken soup, schnitzel with potato salad, lemonade) , for price 8,50 EUR.  
Must be ordered until Friday 18:00 by email to: [paula.majova@gmail.com](mailto:paula.majova@gmail.com).

**Start 000** 7-th April, 2018 13:00 (Middle)  
8-th April, 2018 09:30 (Long)  
Route to start from event centre marked by blue ribbons.

**Starting bibs** All competitors have to wear starting numbers to make them visible, on their chest

**Descriptions** The control point descriptions are printed on the map, in the event centre they will be available in printed form  
For M/W10, RD and N using descriptions in Slovak available in event centre - but only pictograms will be printed on the maps!

**WC** Mobile toilets in the event centre

**Washing** In the event centre

**Emb. areas** Warm-up possible only in the event centre and on the marked way to start.

<b>Distances</b>	sleeping bags accommodation – event centre	7,5 km,
	parking – event centre	0 - 200 m,
	event centre – middle start	1200 m
	event centre – middle finish	0 m
	event centre – long start	1300 m
	event centre – long finish	0 m

**Child. race** At event centre both days, control points using images. Free start time during middle and long start.  
Classical paper punching to the map.

**Free start** The competitors of W/M10, RD and N can start in chosen start minute, following the start officers orders. Possible start time 000 – last startlist group

**Maps** **middle:** Tomky 2, **1 : 10 000, E=2,5 m, format A4** for all categories,

**Long:**

Tomky, **1 : 15 000, E=2,5 m, format A4** for categories:

M21-E, W21-E, M-20A, M21-B, M35-A, M40-A

Tomky 3, **1 : 10 000, E=2,5 m, format A4** for categories:

W/M-10, RD, N, K3, W/M-12A, W/M-14A, W-16A, W21-B, W60-A, W65-A

Tomky 4, **1 : 10 000, E=2,5 m, format A3** for categories:

M-16A, W/M-18A, M21-D, W35-A, W40-A, W/M45-A, W/M50-A, W/M55-A, M60-A, M65-A, M70-A

Childrens race , **1 : 1 000, E=1 m, format A5** for categories: children

Maps for middle and long are according ISOM 2017, author O. Piják, survey March 2018.

Laser print, 100g/m<sup>2</sup> on “Pretex” paper – **waterproof**.

**The maps will be collected in finish. Club leader can pick their maps on SUNDAY, after last start.**

**Terrain** Plain terrain with sand dunes, fine terrain details, runnable, pine forest. Dense network of paths, marshes or small lakes. Some wet parts with undergrowth and less runnable.

We recommend to use proper orienteering clothing for legs.

**Time limit** middle 120 minutes  
long 180 minutes

**Refreshment** Water in finish.  
Long – courses above 60 minutes estimated time - water.

**First aid** In event centre

**Results** 8-th April 2017 at cca 13.30, Intermediate results in the event centre.  
The winners of Slovak national ranking 2017 will be awarded before the ceremony, with voucher-prizes from INOV-8 for selected categories.

**Prizes** The first 3 competitors in each category (summary result of both competitions) win souvenir prizes.

<b>Org. comitee</b>	Competition Director	Štefan Máj	
	Main referee	Lukáš Barták	
	Course setting	Martin Jonáš	middle
	secretary	Karol Hierweg Paulína Májová	long
<b>Jury</b>	will be set the first day of competition or when needed (according to SZOŠ orienteering rules)		
<b>Protests</b>	Protests can be issued to main referee with 10 EUR deposit according to rules		
<b>Rules</b>	The competition is held in accordance with SZOŠ rules.		
<b>Attention</b>	All the competitors start at their own risk, with no possibility for a claim in case of injury happened during or as a cause of this competition.		

### **The Organisers**

**Orienteering club KOBRA Bratislava, municipality of Borský Svätý Jur  
and Slovenská sporiteľňa, a.s.**

**wish you a pleasant stay and long-lasting impressions!**

Štefan Máj, competition director

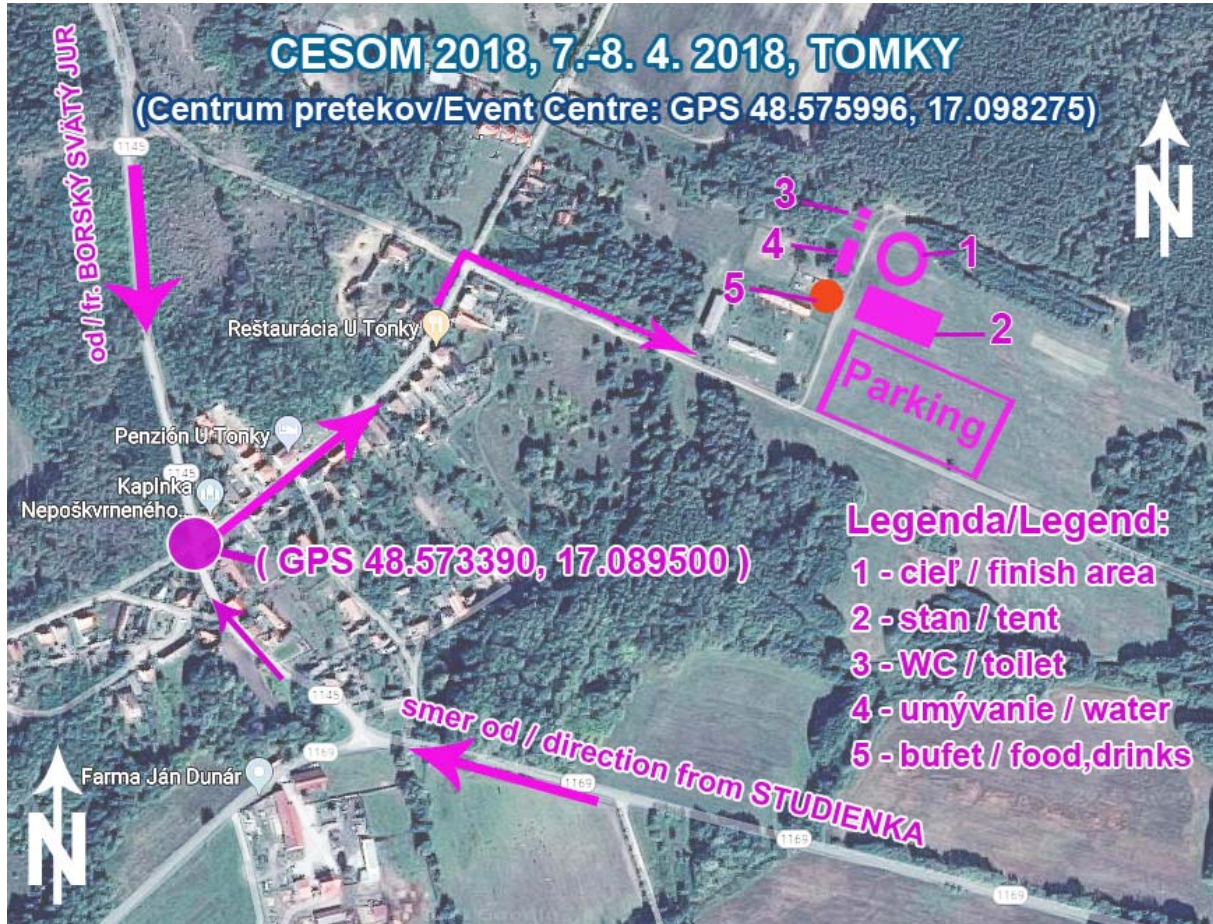
Lukáš Barták, main referee



## Appendix 1

### Image Nr. 1

Overview map CESOM 2018 – Borský Svätý Jur - Tomky resort



Source: Google®

## Appendix 2

### Course lengths, climbings and number of control points for categories/competitions

Category	Length [km]		Climbing [m]		Controls	
	E1	E2	E1	E2	E1	E2
W-12A	1,8	3,1	20	25	8	9
W-14A	3,1	4,2	25	35	10	10
W-16A	3,4	5,8	35	60	12	12
W-18A	4,5	6,7	35	60	18	14
W21-E	6,2	11,0	50	90	20	18
W21-B	4,8	6,9	45	65	15	14
W35-A	4,8	6,7	45	60	15	14
W40-A	4,2	6,3	35	60	17	13
W45-A	4,2	6,3	35	60	17	13
W50-A	3,4	5,1	25	50	16	11
W55-A	3,4	5,1	25	50	16	11
W60-A	3,6	3,8	35	30	13	9
W65-A	3,5	3,8	30	30	13	9
M-12A	2,9	3,1	20	25	9	9
M-14A	3,6	5,8	30	60	13	12
M-16A	4,5	8,2	35	65	18	17
M-18A	5,1	9,3	40	80	19	17
M-20A	7,2	11,0	75	90	25	18
M21-E	7,2	16,4	75	135	25	29
M21-B	5,4	11,5	55	95	21	19
M21-D	4,1	7,2	40	65	15	15
M35-A	5,4	11,5	55	95	21	19
M40-A	5,3	11,0	40	90	18	18
M45-A	5,3	9,3	40	80	18	17
M50-A	4,8	8,2	40	65	17	17
M55-A	4,3	7,2	40	65	16	15
M60-A	4,2	6,7	35	60	17	14
M65-A	3,6	6,3	35	60	13	13
M70-A	3,5	5,1	30	50	13	11
W-10	1,6	2,3	15	20	5	6
M-10	1,6	2,3	15	20	5	6
K3	3,4	4,2	25	35	16	10
N	1,8	2,6	15	25	8	8
RD	1,6	2,3	15	20	5	6
Childrens' race	do 1km	do 1km	N/A	N/A	N/A	N/A