

# INSTRUCTIONS

## SNOWDROPS AND ACES 2019

4th round of West Region CUP and orienteering sprint relay race



**Date:** **March 09, 2019 (Saturday)**

**Classification:** Open day orienteering competition in sprint and sprint relay of individuals with a fixed order of controls.

**Location:** **Ivanka pri Dunaji.** Competition center: Elementary School of M.R. Štefánik, SNP street no. 3, GPS: [48.185681, 17.255026](https://www.google.com/maps/place/48.185681,17.255026)

**Schedule:**

- 8:00 - 9:30 registration of individuals in the competition center
- 10:00 - 11:00 **SPRINT** – free starting order
- 10:30 - 12:00 completion of the relay registration
- 12:00 closing the sprint finish
- 13:45 show of the change between legs
- 14:00 **SPRINT RELAY** - mass start of the first legs
- 15:30 closing the finish and results announcement

**Categories:** **SPRINT**  
M-10, W-10, M-12, W-12, M-14, W-14, M-16, W-16, M-18, W-18, M19-, W19-, M40-, W40-, M55-, W55-,  
MW-R – children with a guide, N – simple route for newcomers,  
OPEN - the more demanding course for more experienced, no age and gender limitations,  
CHILDREN (DETI) – picture trail in the area of the school for the youngest.

### **SPRINT RELAY**

MWM-12, MWM-16, MWM17-49, MWM50-,  
OPEN (no age, gender and club membership limitations)  
Each team is a three-member team, with at least one woman involved. It is possible to have different combinations of males and females in each age category with the exception of the combination MMM. Team members must be from one club except the OPEN category. Changes in the composition of the sprint relay team must be submitted in written at no later than 12:00 on the day of the race.  
12:15 joint registration for incomplete relay. Get ready for a registration, new teams can be completed.

## Courses:

### SPRINT

Predicted times for category winners are 15-20 minutes.

About 75-90% of the courses are led through floodplain forests and meadows; the rest of the courses are led around the family houses. We recommend to cover the legs.

There is the Biela Voda creek between the village and the forest, the crossing through the brook is possible only at the marked crossings, in other places crossing is forbidden due to the large width and about 1m deep mud layer. Crossing is possible through regular bridges (1) or temporary bridges (2) where the rope will be stretched.

Temporary bridges will be narrow, walk on them with increased caution and respect for other competitors. Asphalt road with frequent traffic is forbidden to follow, it will be marked also on the map.

### SPRINT RELAY

Predicted times for winners of individual legs are 13-15 minutes.

Courses are lead between the family houses, housing estates and schools. Approximately 85% of the courses are carried on solid surfaces. We do not recommend shoes with metal spikes.

At the southern school entrance at the south of the map, a barbed wire is stretched at the level of a head, will be marked with a tape. Be carefull.

The second leg in the MWM-16, MWM17-49, MWM50- and OPEN categories are about 15% shorter.

First legs runners will start from a mass start in the competition area where they will be allowed about 5 minutes before the start.

After the start, the marked route to the map start is long about 40m. After completing the majority of the race, the racers will be come back to the school area where they punch the last (public) control. After that they run in the corridor where **they leave their map**. They continue in the corridor and **take map of the next leg** of their relay (maps will be marked with the relay start number and leg number) and go to the finish. First, they reach the finish line, and then they punch the finish and then pass the map to the next leg runner. The 2nd and 3rd leg competitors will get a map from the previous leg runners and run in the map start corridor from where they continue the relay race. The finish process of the 2nd leg runners is identical to that of the 1st leg runners.

Third-leg runners leave their map and run in the same corridor to the finish.

Approximately 15 minutes before the start of the relay we will take a demonstration of the change between legs.

Passing the finish line decides about the final order of runners, not the punching of the finish box.

See the plan (map) of the competition center at the end of the instructions.

Maps will be issued after the finish is closed.

**Punching system:** SportIdent SI, chip rental 2 €, guarantee 30 €.

For sprint relay, contactless AIR+ will be activated. It is possible to punch it up to a distance of 50 cm from the punching box.

Runners with SIAC chip are required to reset the chip in the CLEAR box and check the CHECK box, where the contactless punching will be activated. Consequently, they can test the contactless punching in the SIAC TEST box. Contactless punching will be switched off by punching FINISH box.

Runners with normal chips are required to reset the chip in the CLEAR box and check the resetting in the CHECK box.

## Map:

**Sprint: Beňov háj** 1 : 5 000, e 1m

**Relay: Farná**, 1 : 4 000, e 1 m

both ISSOM 2007, status March 2019, printed on Pretex A4

**Children race: Základná škola**, 1:1000, e 1 m

Mappers: Rado & Martin Jonáš, Filip Kubina, Rastislav Dokupil, Matej & Marek Urbanovci, Emil Kukurugya, Peter & Barbora Vorlíčkovci, Matúš Trnovec.

## Special marks at the map:

black cross:	artificial object
black circle:	artificial object (pole)
green cross:	the root of tree
green circle:	a distinct tree
blue cross:	sewage
blue circle:	well

## Restrictions:

**A forbidden area** is the area of Ivanka pri Dunaji demarcated by Záleská and Štefánikova street and by the lake Štrkovka, with the exception of the school (Základná škola) and the access roads and parking plots. Restriction is valid during **8:30 till 15:00**.

The prohibitions according to point 12.12 of the Orienteering Rules apply (prohibition of passing objects and entering to area shown at the map as uncrossable, inaccessible, dangerous or forbidden). The entrance to the cultivated soil, marked on the map with the mark 415, is forbidden.

The violation will lead to disqualification.

There is a fire range in the area of the sprint, which will be marked as an Inaccessible Area Mark 709 in the map.

There will be several objects marked by red-white ribbons that are forbidden to overcome (front yards, hedges, ...) in the sprint relay. There will be organizers during the both races to observe the abovementioned prohibitions.

## Controls

### descriptions:

**SPRINT:** Pictograms printed out directly at the map and available also in the competition center. For categories MW-R, MW-10 will be descriptions available also in written.

**SPRINT RELAY:** There will be descriptions at the map only.

**Number bibs:** Competitor is obliged to have a number bib attached to the chest:  
the green - the first leg, the red - the second leg and the blue - third leg

MWM-12	numbers from 1
MWM-16	numbers from 51
MWM17- 49	numbers from 101
MWM50-	numbers from 201
OPEN	numbers from 301

Competitors will receive number bibs at the registration desk.

**Refresment:** There will be a water and flavoured water in the finish area. You can visit the buffet in the event centre.

**WC, washing and changing rooms:** There are changing rooms, showers, WC in the area of school.

**First Aid:** Local Red Cross organization in the competition center.

**Warm up:** For relay competition in the accessible part of the school yard. See enclosed map. It will not be marked in the terrain.

**Parking :** Couple of parking places in front of the school on SNP street, along Štefánikova street, on Square of Svätej Rozálie, on Square of Padlých Hrdinov, in the streets outside of forbidden area. please do not block entrances to private yards and reserved parking places.  
[Map](#)

**Distances:** **SPRINT:**  
Center – start: 1400 m, no climbing, blue ribbons  
Center - finish: 1100 m, no climbing, blue ribbons  
Road to start is close to finish, the finish will be marked by arrow

**RELAY:**  
Start and finish will be in the competition center.

**Picture childrens race:** Picture childrens race will be in the center between **10:00 and 13:30**  
no registration needed. Children will receive small prize.

**Prices:** The first three competitors will be awarded. Each competitor of MW-R and MW-10 categories will receive a small surprise

**Information:** Web: <http://sandberg.orienteering.sk/snezienka>  
Mail: sandberg.orienteering@gmail.com

**Organizing team:** competition director: Marek Urban  
course setters:  
SPRINT Filip Kubina  
RELAY Katka Kotrlová  
controller: Martin Jonáš R2  
registration: Martina Brňáková & Marta Jonášová

**Rules:** Valid rules for orienteering for 2019

**Protests:** In written form with the fee of 10 EUR delivered to the controller.

**Jury:** Will be created in case of need by participating clubs representatives.

**Note:** Control No. 100 at relay competition is public.

Competition is held in the part of the municipality with low frequency transport however it will not be limited, please be careful.

**Attention:** All competitors are participating voluntarily and on their own risk, without right for the claim for remedy because of injury or any other damage during the race or as a consequence of the race.

There will be photos taken in order to inform public about the competition or for the orienteering marketing. In case you do not agree with photos taking, inform the photographer immediately.

Martin Jonáš  
controller

Marek Urban  
competition director

## Courses:

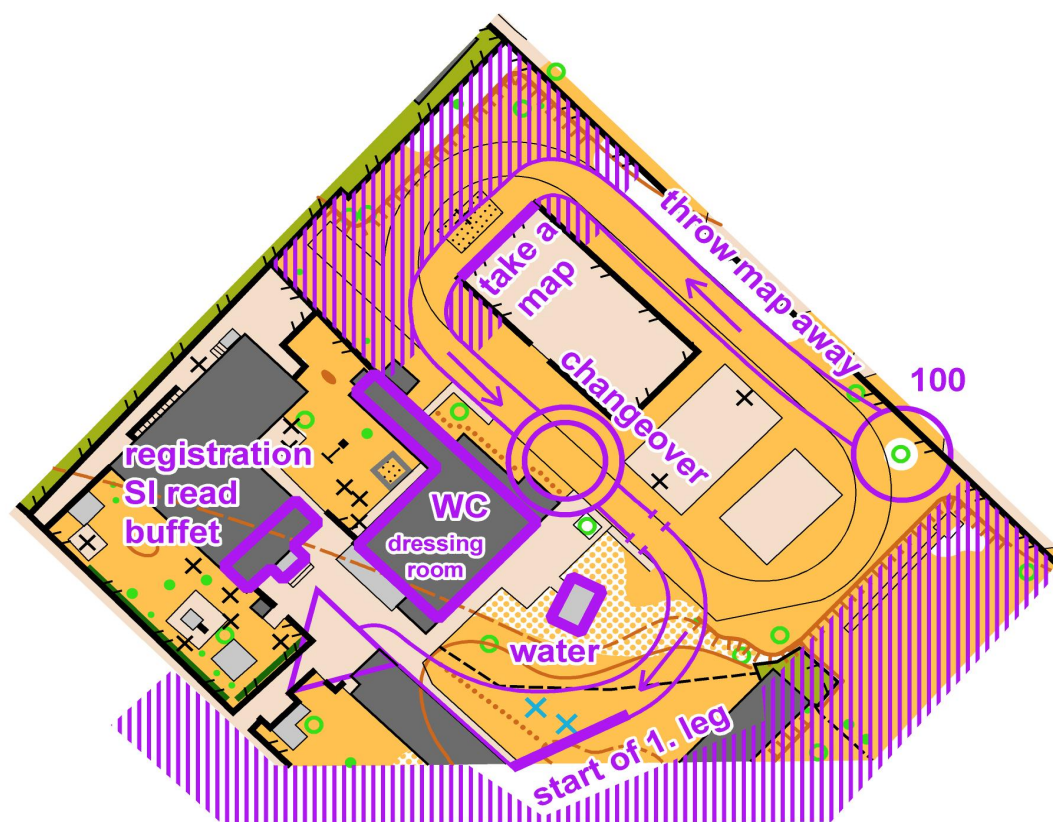
### SPRINT

Category	Length [km]	climbing [m]	Number of controls
MW-10, MW-R	1.5	10	9
MW-12	1.6	20	9
M-14	1.9	20	11
W-14	1.7	15	10
M-16	2.3	20	12
W-16	1.9	20	11
M-18	2.5	25	16
W-18	2.3	20	12
M19-	3.1	30	19
W19-	2.5	25	16
M40-	2.5	25	16
W40-	2.0	20	14
M55-	2.0	20	14
W55-	1.9	20	11
OPEN	1.9	20	11
N	1.7	15	10

### SPRINT RELAY

Category	Length [km]	Climbing [m]	Number of controls
MWM-12	1.5	5	9
MWM-16	2.3	10	15
MWM17- 49	3.4	10	16
MWM50-	2.5	10	13
OPEN	2.4	10	15

## Competition center plan



## Organizers and sponsors

