

# CEYOC 2020

Central European Youth  
Orienteering Cup, 2. – 5. April 2020  
Brno, Czech Republic



B | R | N | O



## The Best of Youth Together

CEYOC is a common project of Central European orienteering federations bringing the best talents in age of 15 to 18 years together. It gives to promising young athletes not only a chance to feel the atmosphere of a big international competition and compare themselves with the best runners, but also to establish new friendships, to meet new cultures and to gain new experience from foreign terrains. For most of them, the CEYOC is the first big international race ever.

### Meet. Learn. Compete.

CEYOC is not only about competing. It is the first chance to **meet** the talented runners from surrounding countries and establish new friendships. It is the first

chance to feel the atmosphere of a big and important competition and to **learn** how to behave on it. It is an opportunity to **learn** the map skills in a different type of terrain from native runners. Finally, it is a chance also for coaches to **learn** from their colleagues.

CEYOC has all the required attributes resulting from the survey among European youth coaches performed by the IOF last year.

Let your athletes try a big race before the EYOC.

*„ European match was my very first big international event. I came home strongly motivated and with lot of new experiences. I am pretty sure, that just this event launched my top level orienteering career. ”*

Adam Chromý

6x gold medalist at EYOC,  
JWOC and Eurometing, 4x  
Tiomila winner with Kalevan  
Rasti, 3x medallist of WUOC  
and CEYOC 2020 organizer.



## Why in Brno?

The Czech Republic is a strong orienteering country. The Brno is one of the three largest orienteering centres in Czech. If we add a rich offer of the city itself in the form of sports, education and excellent research; or interesting historical architecture, there is no doubt that if CEYOC in the Czech Republic, then just in Brno.

### The CEYOC 2.0

We, organizers, are the former international runners. We know many athletes, who are running well, but in the pressure of a big event, they fail. It is important to get used to the atmosphere of a major event, therefore we want CEYOC to be as similar as possible to large IOF races, but with low costs.

### Public Races

The audience is important at the big event. Come with your parents! They can cheer for you during the CEYOC and then compete in public races in a same terrain! Together with Moravian wine, it makes a nice orienteering holiday for them 😊.

## Preliminary Programme

### Thursday 2.4.2020

Morning: Teams arrival  
Afternoon: Forest Model Training  
Evening: Opening & Fun Quiz

### Friday 3.4.2020

Morning: Sprint Training  
Afternoon: **CEYOC Urban Sprint**  
Evening: Guided tour of the city

### Saturday 4.4.2020

Morning: **CEYOC Forest Long**  
Afternoon: Rest  
Evening: Friendship Party & Coach Meeting

### Sunday 5.4.2020

Morning: **CEYOC Forest Relay**  
Afternoon: Teams departure

## Contacts & more information

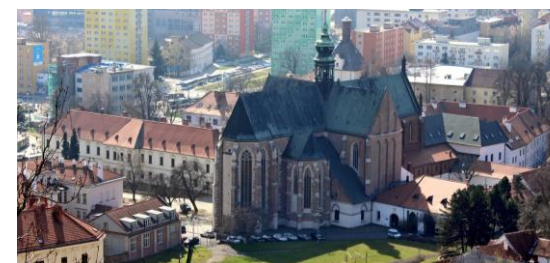
Follow our freshly launched website:

**[ceyoc.eu/2020](http://ceyoc.eu/2020)**

or contact our Event Office on the email address:

**[office@ceyoc.eu](mailto:office@ceyoc.eu)**

## Sprint terrain



(Map sample is from different, but similar terrain.)

## Long and Relay terrain

