

SLOVAK ORIENTEERING ASSOCIATIONS, Junácka 6, 832 80 Bratislava

## INVITATION

### MSR long distance 2020 and Slovak championship middle distance INOV-8 cup and public fun sprint

**Technical support:** Orienteering club Ružomberok

**Dates:** 17th October MSR long distance and public sprint  
18th October - Slovak championship middle distance

**Registration:** 16th October 2020 on request by email: [andrea.sohlerova@gmail.com](mailto:andrea.sohlerova@gmail.com) or in Ružomberok by personal agreement (only for all clubs)

**17th October 2020** from 8:00 am to 10:00 am in the centre of event. Changes only from 8:00 am to 9:00 am.

**Start:** **Saturday:** *Sprint* from 9:00 to 10:00 and from 15.30 to 16.30  
*Long distance* 11:00  
**Sunday:** *Middle distance* 10:00

#### Classification:

An open individual competition for middle distance and long distance and special funny sprint with specified order of control points.



#### Public race - sprint "200 ducats"

In order to make the race more attractive and promote orienteering for the public, we have added non-ranked sprint races in the "Jánošík's" spirit. We are located in the Jánošík region where Juraj Jánošík – Slovak legendary bandit moved. Right next to the assembly is the place where Juraj Jánošík was caught and we honoured the race to Jánošík. According to legend, he was imprisoned in Likava Castle - the place where will be a Sunday race. Jánošík was imprisoned at Likava Castle, who left a legacy about the hiding place of his treasures. The lord of the castle seized them, and when Likava came under siege of the enemy, he decided to hide them. At night, with the help of a servant, he buried the treasure under the castle tower. And he cut off his head so that the servant would not reveal anything. However, even the lord did not do better, he lost his life in another attack of the enemy.

**Once a treasure hunter dug a chest in the courtyard of Likava Castle. The chest suddenly opened on its own, and lightning flashed from it and struck the castle tower. The tower collapsed, hiding the place where the treasure was buried. Even after so many years, people believe that they haunt the castle at midnight. They say that a servant walks around the courtyard with his head cut off and guards the place where Jánošík's treasure was buried. So on the Sunday after the race you can go looking for Jánošík's treasure.**

**Who will come dressed as legendary bandit will get an extra gift from Juraj Janošík at SI reading point during sprint.**

**Centre of event:**

**17th October** MSR long distance and public sprint Valaská Dubová village appx. 7 km from Ružomberok to north - football pitch - GPS 49.140212° 19.289380°

**18th October** - Slovak championship middle distance a former military complex in the Kramariská valley near Likavka village  
GPS 49.116407° 19.303718

**Classes:**

Championship Saturday

W -14E, -16E, -18E, 21-E, 35-E, 45-E, 50-E, 55-E, -60-E, 65-E, 70-E

M -14E, -16E, -18E, 21-E, 35-E, 45-E, 50-E, 55-E, -60-E, 65-E, 70-E

INOV-8 Cup Championship middle distance Sunday

M -12A, M -14A, M -16A, M -18A, M -20A, M 21-E,B, M 35-A, M 40-A, M 45-A, M 50-A, M 55-A, M 60-A, M 65-A, M 70-A

W -12A, W -14A, W -16A, W -18A, W -20A, W 21-E,B, W 35-A, W 40-A, W 45-A, W 50-A, W 55-A, W 60-A, W 65-A, W70-A

Public race

W -10C, M -10C, MWR (parents with children) easy courses,

K3 – fitness track (more demanding track in the length of approx. 3 km)

N - beginners - for runners of any age and gender

Public sprint – Saturday

M-12C, M-14C, M-18C, M21-C, M35-C, M45-C, M55-C

W-12C, W-14C, W-18C, W21-C, W35-C, W45-C, W55-C

***Organiser reserves the right to combine or cancel categories in case of small number of competitors (less than three).***

**Estimated times of winners:**

In accordance with the rules of the SZOŠ.

**Registration**

Registration to date 4th October 2020 by registration system:

<https://is.orienteering.sk/competitions/1566>, and <https://is.orienteering.sk/competitions/1567>

or use email: [valter.sohler@gmail.com](mailto:valter.sohler@gmail.com)

**Email request is valid after confirmation.**

**Entry fees:**

Fee including SZOŠ fee 2€ for both days.

The competitor may voluntarily decide whether he wants to take part in the "200 ducats" sprint race at the time of the race

**Entry fee by date of registration and payment to bank account****Registration and payment to 27th September 2020**

Class	both days /2 main stages/	only Saturday /1 main stages/	only Sunday /1 stage/	sprint Saturday
M/W-10, MW-R N	14 EUR	8 EUR	8 EUR	5 EUR
M/W-12	20 EUR	11 EUR	11 EUR	5 EUR
M/W-16, M/W-14 , M/W 60- M/W 65- M 70-	24 EUR	13 EUR	13 EUR	5 EUR
Other classes	30 EUR	16 EUR	16 EUR	5 EUR

**Registration and payment to 4th October 2020**

Class	both days /2 main stages /	only Saturday /1 main stages /	only Sunday /1 stage/	sprint Saturday
M/W-10, MW-R N	18 EUR	10 EUR	10 EUR	5 EUR
M/W-12	24 EUR	13 EUR	13 EUR	5 EUR
M/W-16, M/W-14 , M/W 60- M/W 65- M 70-	28 EUR	15 EUR	15 EUR	5 EUR
Other classes	34 EUR	18 EUR	18 EUR	5 EUR

**After the last deadline 4<sup>th</sup> October 2020 – entry with 50% surcharge and only for limited number of competitors.**

## Other payments

### Parking

Standard parking fee for public is 2€ per car. For our orienteering competitors will be free parking fee when you display orienteering flag or logo behind the car window.

### Accommodation /including start fee/.

Gym on the floor with your own sleeping bag - no shower

**Special offer: Fee 0€** if in case of registration of competitors **from 300** on both days as of the date of registration of competitors **27th September 2020**.

Otherwise surcharge 5 € per person and night

**Accommodation will be in Valaska Dubova also in centre of Sunday event. There will be room for 50 people and other will be canopy place without door.**

### Other recommended accommodation:

**Jánošíkova krčma** in the centre of Saturday event: <https://janosikovakrcma.sk/>

**Koliba Likavka** <http://www.kolibalikava.sk/>

**Turistic accommodation in Liskova** - 8,20 €

Phone: tel.+421 421917834633

Email: [alibabaliskova@gmail.com](mailto:alibabaliskova@gmail.com)

### Apartments Fatrapark:

<https://www.apartmanyfatra.sk/>

### Apartments Fatrapark2:

<https://www.fatrapark2.sk/>

**You can find another accommodation in Ružomberok and surrounding area.**

### Payments:

Payment to be made to the bank account:

**IBAN: SK708330000002601671626**

**SWIFT:FIOYSKBAXXX**

Registration will be accepted only if the entry fees and accommodation fees are paid until the date given in the entry fees conditions. Enter your payment reference number from registration system to match the payment to the recipient correctly. If you do not pay for the whole club, add the names of people you are paying for. Entries and changes after 14th October 2020 will be accepted depending on the vacancies in the starting list for a 50% surcharge to the original entry fee. Entry fee is not refundable in case of absence of competitors. Prefer bank transfer payments to minimize personal passages over COVID-19.

## Transport:

To Valasa Dubova and Likavka you can use bus. Time of buses are here:

[www.cp.sk](http://www.cp.sk)

Travel to Ružomberok by train, or bus. From Ružomberok take taxi price is appx. 4-6 €.

Taxi phone no.:

[0042 1905 331 661](tel:00421905331661), [00421 918 260 777](tel:00421918260777), [00421 907 522 722](tel:00421907522722), [00421 905 701 661](tel:00421905701661)

## Maps:

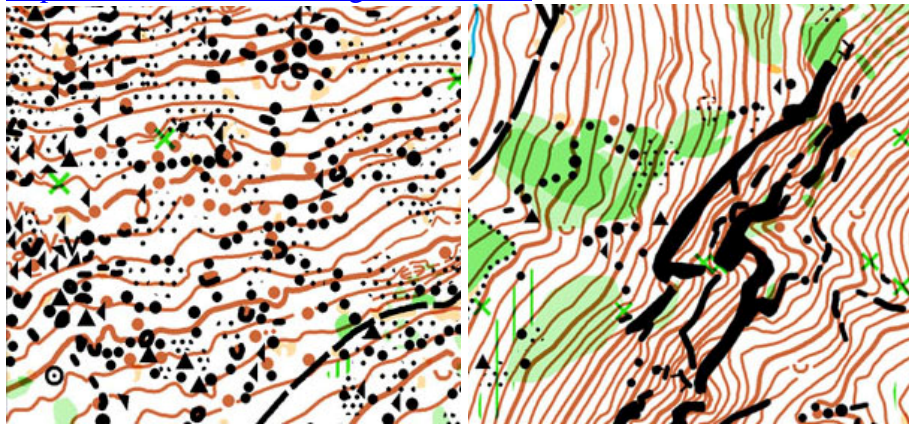
sprint: 1: 4000 E 2m

long distance: 1: 10 000 E 5m

middle distance: 1: 10 000 E 5m

Sample of maps and pictures from terrain are on our webpages:

<http://www.rbk.orienteering.sk/msr2020/>



## Terrain description:

Mountain terrain with many contours. Mostly coniferous forest sometimes mixed. Medium density of roads and footpath, mostly hosts a "white" forest, places with rocky formations, rock slopes, caves, rocks, rock fields, ..

## Timing:

Sportident please write your number in registration system.

borrowing of the SI-chip: **3,- EUROS/ stage and person**

for a lost chip or a chip not given back: **40,- EUROS.**

About air system SIAC will be more information in instructions.

## Refreshments - catering :

In the centre of Sundays event will be bufet and Janosikova Krčma restaurant. Another day is Koliba Likavka restaurant and other restaurants in Ružomberok.

**Race officials:**

Race director:	Valter Sohler, R1
Main referee:	Andrea Sohlerová, R1
Course planners:	Valter Sohler R1
Secretary:	Andrea Sohlerová , R1

**Prizes :**

**public sprint** - after the sprint for each competitor a commemorative prize for the race for every 200 competitors who take part in it. Otherwise the number of prizes will be limited.

**MSR long distance** - diploma, and other prizes. A domestic folklore group will also play to announce the results..

**SRJ middle distance** diploma and other prizes from event partners.

**Informations:**

Tel. 00421 905 683 618

[www.rbk.orienteering.sk/msr2020](http://www.rbk.orienteering.sk/msr2020) e-mail: [rbk@orienteering.sk](mailto:rbk@orienteering.sk)

**Place to interest:**

Sunrise or sunset on the top of **Velky Choč**, Aquapark in Dolný Kubín, Likava castle.

**Other options to visit:**

<http://www.tatry-orienteering.sk/what-to-do-tatry-orienteering.pdf>

**Special offer:**

**With the participation of over 300 competitors, the organizer will provide a mobile sauna for competitors in the race center for FREE. The sauna can be used in groups of 6 people at once right in the race center. Sauna time reservation for groups of up to 6 people will be at the presentation.**



**Regulation:**

This competition follows the rules of OB, competition rules and relevant competition regulations given for the year 2020

**Warning:**

**All competitors take part in the competition on their own accord and at their own risk and responsibility, without any claim for personal injury or injury caused during or as a result of these races. Competitors agree with the processing of personal data for the purpose of racing and making photos for the purposes of the promotion of sport and its archives. The organizer is not responsible for the damages caused by the racers. Parking only on places marked as a parking place. Some sport ident boxes will be locked with a cable across the hole. If you have trouble with punching the chip, you can use a small diameter chip. Technical details and organization of the prematurely adjusted position on COVID-19 and the current situation and our needs during the race.**

The race proposal was approved by the OB section on 17.7.2020.

Valter Sohler  
Race director

Andrea Sohlerová  
Main referee

Thank you our partners:



**Ružomberok**

