







Instructions

Slovak ranking event – Middle and Long distance – INOV-8 Cup 17th edition CESOM 2024

Orienteering club KOBRA Bratislava in cooperation with the main partner of the event Slovenská sporiteľňa, a.s. and the municipality of Borský Mikuláš welcome you to the 17th edition of the CESOM 2024 orienteering race. For a successful participation, please observe the following instructions:

Organizer KOBRA Bratislava in cooperation with the municipality of Borský Mikuláš

Slovak Orienteering Federation

Date Saturday 6th April 2024 – middle distance

Sunday 7th April 2024 – long distance

Classification Day individual multi-race competition with specific order on Middle (sat) and Long (sun) distance.

Guide times According to point 12.11. and 12.12. of the Slovak orienteering rules

Event centre Meadow NE from settlement Borský Mikuláš – Habány, settlement is nearby villages Bílkove Humence

and Borský Mikuláš (GPS: 48.604876, 17.250175).

Parking Near the Race Center. The road after turning off road III/1167 (Borský Mikuláš – Bílkove Humence) is narrow and

only allows one vehicle to pass, so please drive carefully. Then, drive through the meadow, drive carefully, wet

areas may occur.

Registration 6th April 2024 from 09:30 to 11:30 in the Event centre

7th April 2024 from 08:30 to 09:00 in the Event centre

Clubs (individuals) with properly paid entry fees and without changes do not have to attend the registration.

Classes SRE W 12A, 14A, 16A, 18A, 20A, 21A,B, 35A, 40A, 45A, 50A, 55A, 60A, 65A, 70A,

M 12A, 14A, 16A, 18A, 20A, 21A,B,C, 35A, 40A, 45A, 50A, 55A, 60A, 65A, 70A

Public W 10, M 10, MWR (accompanied children)

K3 – training (short demanding course with length approx. 3 km)

N – newcomers (easy course suitable for beginners)

Also, short course for small kids will be available within the area of event centre, free of charge.

Distances Parking – Event center 250 m

Center – midle distance start1 500 mCenter – midle distance finish0 mCenter – long distance start300 mCenter – long distance finish0 m

The way to the start will be marked with blue ribbons.

Start 00 E1 6th April 2024 13:00 interval start

E2 7th April 2024 10:00 interval start

Free starting order For classes at MWR until the start of the last competitor of the interval start.

We ask the competitors, if they are accompanying their children, to complete the race in their class first.

Control descriptions Printed on the maps and at the start (within -2 min), control descriptions will also be prepared separately in the

form of printed pictograms.

For classes MWR, M/W 10, M/W 12 and N will be at the Event centre available verbal descriptions of KS.

Map Printed on waterproof Blueback paper, state February 2024, mapmaker 0. Piják , ISOM 2017-2 standard.

Middle distance

Kravia hora 1: 10 000 E=2.5 m SZOŠ 24.10.0, A4 format for all classes,

Long distance

Jazviny 1:15 000 E=2.5 m

SZOŠ 24.11.0, format A3, classes: M 20A, M 21A, B, M 35A, M 40A, W 21A

Jazviny II 1:15 000 E=2.5 m

SZOŠ 24.12.0, format A4, classes: M 16A, W, M 18A, W 20A, W 21B, M 21C, W 35A

Jazviny III 1:10 000 E=2.5 m

SZOŠ 24.13.0, format A3, classes: M 45A, M 50A, M 55A

Jazviny IV 1:10 000 E=2.5 m SZOS 24.14.0, format A4, classes:

MWR, N, K3, W,M 10, W,M 12A, W,M 14A, W 16A, W 40A, W 45A, W 50A, W 55A, W,M 60A, W,M 65A, W,M 70A

Children race

Habánek 1: 2000 E=2 m state 04/2024, mapmaker J. Wallner, SZOŠ 24.15.V, format A5

Maps are not collected at the finish line. We ask all competitors to observe the principles of fair play.

Stamping system SportIdent Air+

SI-card rental: €2/person.

Loss or unreturned the SI-card: €30

Please check the correctness of the SI card numbers in start list and report any changes in time by e-mail.

Terrain description Plain terrain, sand dunes with indistinct terrain details, clear pine forest. Mostly excellent visibility and runnability,

sometimes worsened in thickets and overgrown clearings. Dense paths network.

Forbidden space Defined by Invitation. Warm up is only possible on the way between the parking lot and Event centre and on the

marked road to the start.

Starting bibs Not used.

Courses Courses intersects repeatedly, control numbers are close to each other, pay attention to the correct order, SI unit

codes and proper punching.

On Sunday, the selected courses cross a paved forest road, check the safe crossing in advance.

Finish closure 6th April 2024 17:00

7th April 2024 15:00

Refreshments Water at finish line.

On a long distance, for courses with an expected winning time over 60 min., water at refreshment stations.

Catering Buffet in the Event centre and other restaurants in the vicinity.

WC and facilities Mobile toilets and space for setting up club tents are available in the Race Center.

0-shop During both days, an OL-Shop stand with orienteering equipment will be available in the area of the Event centre.

First aid In the Event centre.

The results of Live results at <u>oresults.eu</u>

Transmission from radio control points is supported by Orange Slovensko a.s.





E1 – Middle distance E2 – Long distance

Officials Event director Štefan Máj R1

Main referee Jozef Wallner R2
Course setters Ondrej Piják R2

Martin Jonáš R1 Karol Hierweg R2

Secretary Karol Hierweg
Start referee Anton Kniebügl
Finish referee Peter Illés

Prize-giving ceremony On April 7th, 2024, approximately 13:30, price giving ceremony of Slovak ranking 2023 will be held.

After, CESOM 2024 prize-giving ceremony will take place.

Prizes First three competitors according to overall time in both races will receive small prizes.

In classes W/M 10 and MWR, all children will be rewarded with a small prize.

Protests Written protests are submitted to the main referee with a deposit of €20.

Jury If necessary, it will be established according to the Slovak Rules.

Information <u>kobra-orienteering.sk</u>

e-mail: karol.hierweg@gmail.com

Regulation Race is held in accordance with Slovak rules (Pravidlá OB a Súťažný poriadok pre rok 2024).

Notice All starters participate in the race voluntarily and at their own risk, without the right to compensation for injury or

damage caused during or as a result of this race.

By entering for this race, each participant agrees to the publication of their personal data (name, category, club affiliation) in the application form, start list and results on the race website and in the SZOŠ information system.

During the race, photographs will be taken for the purpose of informing the public, for the personal use of the competitors as a souvenir of the race, or for the promotion of orienteering. In the event that you do not agree to being photographed, notify the photographer of this fact immediately.

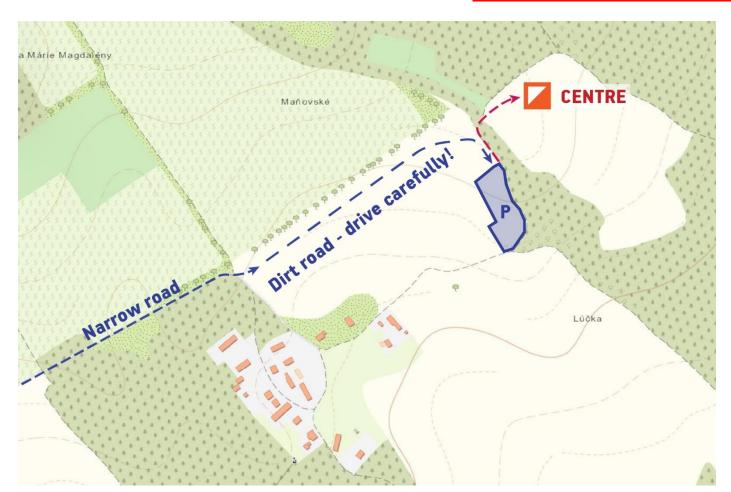
We ask the competitors to take the produced waste with them and not to leave it in the center of the race and its surroundings.

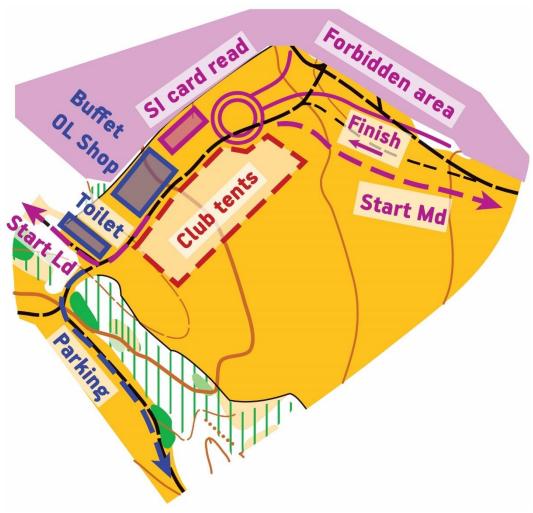
Organizers

Club KOBRA Bratislava, Slovenská sporiteľňa a.s. and the municipality of Borský Mikuláš wish you wellbeing and a pleasant sport experience!

Štefan Máj Jozef Wallner

Race Director Main Referee





Class	Middle distance 6 th April 2024			Long distance 7 th April 2024		
	Length [km]	Climb [m]	Control points	Length [km]	Climb [m]	Control points
M10	1.6	25	4	1.39	20	6
M12A	2.1	30	6	2.38	25	8
M14A	3,4	50	11	5.18	55	8
M16A	4.1	70	14	8.35	85	12
M18A	5.2	80	18	9.19	95	14
M20A	5.2	80	18	11.10	115	17
M21A	6.2	95	22	16.92	175	23
M21B	4.8	75	15	11.92	125	16
M21C	4.6	70	13	7.14	75	13
M35A	6.0	90	18	11.92	125	16
M40A	5.0	75	15	11.10	115	17
M45A	4.8	75	15	9.19	95	18
M50A	4.6	70	13	8.35	85	12
M55A	4.1	70	14	7.14	75	13
M60A	4.2	60	13	6.32	65	14
M65A	3.9	50	11	5.86	60	12
M70A	3.9	50	11	5.18	55	8
W10	1.6	25	4	1.39	20	6
W12A	2.1	30	6	2.38	25	8
W14A	3.0	25	10	3.67	35	10
W16A	3.0	50	9	5.18	55	8
W18A	3,4	50	11	6.71	70	11
W20A	3,4	50	11	6.71	70	11
W21A	5.2	80	18	11.10	115	17
W21B	4.6	70	13	7.14	75	13
W35A	4.1	70	14	6.71	70	11
W40A	4.2	60	13	5.86	60	12
W45A	3.9	50	11	4.79	50	11
W50A	3.0	50	9	4.79	50	11
W55A	3.0	50	9	4.60	50	9
W60A	3,4	50	11	4.60	50	9
W65A	2,3	25	9	3.67	35	10
W70A	2,3	25	9	3.13	30	9
K3	3.0	25	10	3.13	30	9
MWR	1.4	25	5	1.10	20	5
N	2.1	30	6	2.38	25	8