

Bulletin Nr. 3

**Slovak Orienteering Association
Slávia Žilinská Univerzita Žilina, orienteering sport club
Obec Kamenná Poruba a Mesto Rajecké Teplice**



CEYOC

2025

**CENTRAL EUROPEAN YOUTH
ORIENTEERING CUP 2025**

Location: Rajecké Teplice & Kamenná Poruba, Slovakia

Date: April 4-6th 2025



OFFICIALS

Event director	Peter Vandlíček
Assistant Event director	Eva Trepáčová
Arena, logistics	Janka Vričanová
Secretary	Eva Trepáčová
IT	Ivan Trepáč
Courses	M. Poklop, Š. Šurgan & J.Chupek
Maps	Zdenek Rajnošek

EVENT CONTROLLERS

Controller	Jozef Wallner
CEYOC coordinator	Dušan Vystavěl (CZE)

RULES OF CEYOC AND JURY

Rules see on following [link](#) . If necessary, the Jury will be set up according to the rules of IOF. Protests in writing with a deposit of €10 to the main referee.

CLASSES AND ENTRY REGULATIONS

W/M 16 - girls and boys born 2009 or later.
W/M 18 - girls and boys born 2007 or later.

REGISTRATION

Thursday 3rd April 2025, 17:00 – 20:00, Sport gym Slavia ZU Zilina, Vysokoskolakov 8014, Zilina, Location is shown on [google maps](#)
Friday 4th April 2025, 10:00 – 13:00, CEYOC Relay & long arena Kamenná Poruba, Location is shown on [google maps](#)

PUNCHING SYSTEM

SportIdent punching system will be used in all races in AIR mode.

HARD FLOOR ACOMODDATION

Elementary school in Rajecké Teplice, from 4th April 2025, 18:00. You must to leave accomodation on Sunday 6th April, 2025 at 8:30 AM latest, due to embargo for sprint distance competition. You can use only way, which is shown on the map for embargo, to the arena.

CEYOC 2025



TRANSPORT

Organizers do not provide any transport during the CEYOC.

PRIZES

Best 6 runners and best 3 relays in each class will be awarded. The best 3 teams will also be awarded according to the points received throughout the competition.

CONTROL DESCRIPTIONS

Printed on maps, and also separately available on the start, at one of the starting corridors. See info for individual races.

REFRESHMENT

Water in the Event Centre. During the long-distance race water at control points (marked in control description).

WC AND CLUB TENTS

Mobile toilets and space for setting up club tents are available at the Arena.

NOTICE AND GDPR

All starters participate in the race voluntarily and at their own risk, without the right to compensation for injury or damage caused during or as a result of this race. By entering for this race, each participant agrees to the publication of their personal data (name, category, club affiliation) in the application form, start list and results on the race website. During the race, photographs will be taken for the purpose of informing the public, for the personal use of the competitors as a souvenir of the race, or for the promotion of orienteering. In the event that you do not agree to being photographed, notify the photographer of this fact immediately.

RAFFLE FOR ALL PARTICIPANTS

During the Sunday awards ceremony, a raffle will take place where you can win a Garmin Instinct 2 watch! All registered participants are automatically entered into the draw. The winner must be present and claim the prize within 60 seconds of their name being announced – otherwise, another participant will be drawn.

Stick around until the end – your lucky moment might still be coming!





Relay competition, 4th April, 2025 – Kamenná Poruba

PROGRAM

10:00 – 13:00 - registration
14:00 – 16:30 - relay competition
16:30 – 17:30 - team officials open event
17:00 – 17:30 - prize giving ceremony

EVENT CENTRE

CEYOC Relay & Long arena Kamenná Poruba (49.0824767N, 18.6917594E), Location is shown on [google maps](#)

FINAL COMPETITORS NAMES OF RELAYS

Please use following link for registering the final competitor names of the relays - [relays names registration](#). We will appreciate if you nominate competitors until 2nd April 2025, 23:59. Thank you 😊

PARKING

Only at Koniarka Cottage (49.0732819N, 18.6864075E). If necessary, competitors may be dropped off on the way to the parking lot, and you can then park at Koniarka Cottage. See location on [google maps](#) and at the end of the instructions. Drivers will find a marked route to the assembly area with yellow ribbons. The distance from the parking to arena is 1600 meters with a 45-meter climb.

MAP

RELAY 1:10 000 / 5 M, Map maker Zdenek Rajnošek and Zdenek Janů, Survey 03/2025, printed on water-resistant paper YUPO 120, Size of the map A4. Course planner: Martin Poklop

TERAIN

Hill sides with moderate to steep slopes. Terrain with a lot of micro contours and stones. Varying vegetation on the ground. Mostly coniferous forest with very good runnability and visibility but reduced in some places with denser vegetation. Good network of paths, roads and hiking trails. The latest map can be found [HERE](#) (from 2023).

START NUMBERS

M16: 001 - 028
M18: 101 - 128

W16: 201 - 232
W18: 301 - 323





Example of starting number, number of points means leg number.



COURSES DATA

	Length	Elevation	Controls
W16	3 400 – 3 500	140	14
W18	3 800 – 3 900	150	15 - 16
M16	4 200	170	15
M18	4 800	190	17 - 19

Courses can cross and the controls can be close to each other. You should be careful about the correct order of the control points and the control codes.

START PROCEDURE

1st Legs - M18 - 14:00, W18 - 14:05, M16 - 14:10, W16 - 14:15

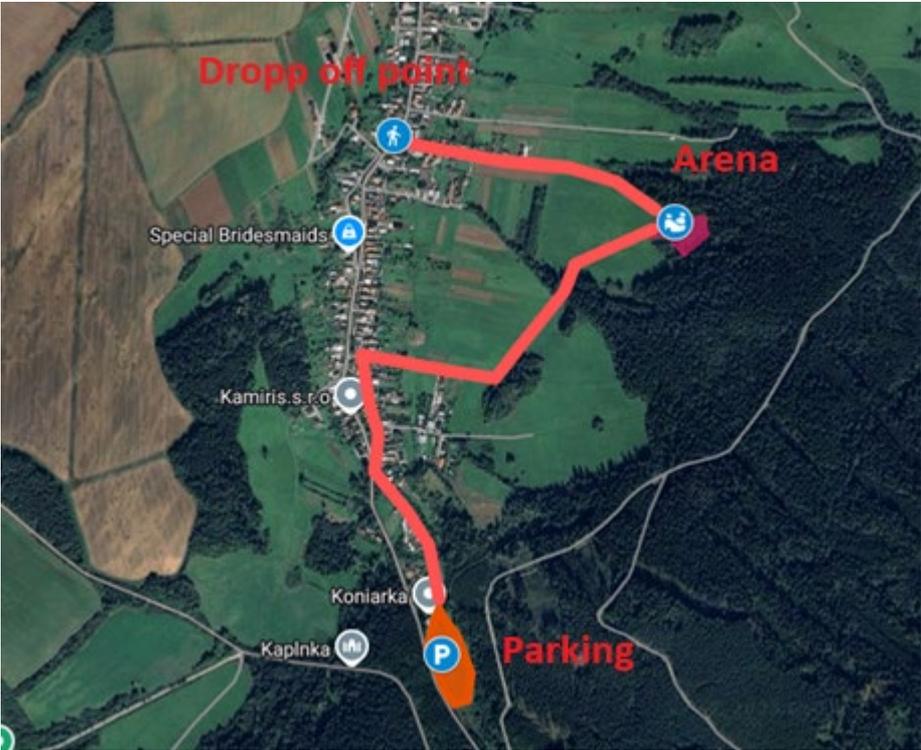
2nd and 3rd Legs - After a running team member passes the public control point, the team member of the next leg will arrive at the relay exchange area. When entering the relay exchange area, they will receive a folded map of their leg. The map must not be unfolded before starting, otherwise the relay team will be disqualified. The map can be opened after physical contact with the runner of the previous leg. CLEAR, CHECK and SIAC TEST units will be placed at the entry to start and relay exchange area.

TEAM OFFICIALS OPEN EVENT

The organizer provides possibility of open competition for team officials after the relays have



CEYOC 2025





Long distance competition, 5th April, 2025 Kamenná Poruba

PROGRAM

10:00 – 15:00 – long distance competition (start has been shifted by 1 hour)

16:00 – 16:30 – prize giving ceremony

EVENT CENTRE

CEYOC Relay & Long arena Kamenná Poruba (49.0824767N, 18.6917594E), Location is shown on [google maps](#)

PARKING

Only at Koniarka Cottage (49.0732819N, 18.6864075E). If necessary, competitors may be dropped off on the way to the parking lot, and you can then park at Koniarka Cottage. See location on [google maps](#) and at the end of the instructions. Drivers will find a marked route to the assembly area with yellow ribbons. The distance from the parking to arena is 1600 meters with a 45-meter climb.

MAP

LONG 1:10 000 / 5 M, Map maker Zdenek Rajnošek and Zdenek Janů, March 2025, printed on water-resistant paper YUPO 120, Size of the map A3. Course planner – Stefan Surgan

TERRAIN

Hill sides with moderate to steep slopes. Terrain with a lot of micro contours and stones. Varying vegetation on the ground. Mostly coniferous forest with very good runnability and visibility but reduced in some places with denser vegetation. Good network of paths, roads and hiking trails. The latest map can be found [HERE](#) (from 2023).

COURSES DATA

	Length	Elevation	Controls
W16	5 110	265	13
W18	6 320	365	14
M16	6 270	315	14
M18	7 450	400	18

Courses can cross and the controls can be close to each other. You should be careful about the correct order of the control points and the control codes.





START

Start 00 – 10:00 – **start has been shifted by 1 hour, due to high number of participated runners.** Distance to start from arena – 800 m / 45 m (blue ribbons).

START PROCEDURE

-3 minute call up

check SIAC number, check start number , clear SIAC

-2 minute

Pick up the control description, check SIAC

-1 minute

SIAC check to verify proper functioning of SIAC touch-free punching mode

Start time

competitor takes the map him/herself

START NUMBERS

M16: 001 - 085

W16: 201 - 276

M18: 101 - 163

W18: 301 – 364

WARM-UP CLOTHES

May be left at the start. They will be transported to the arena after the last start.

RESULTS

<https://oresults.eu/events/1728>



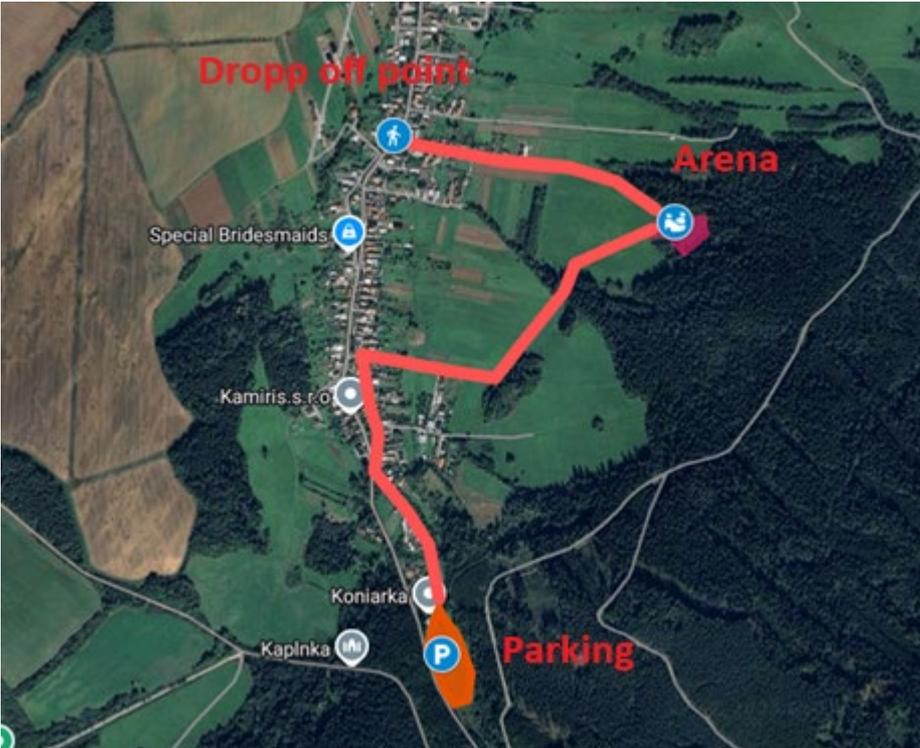
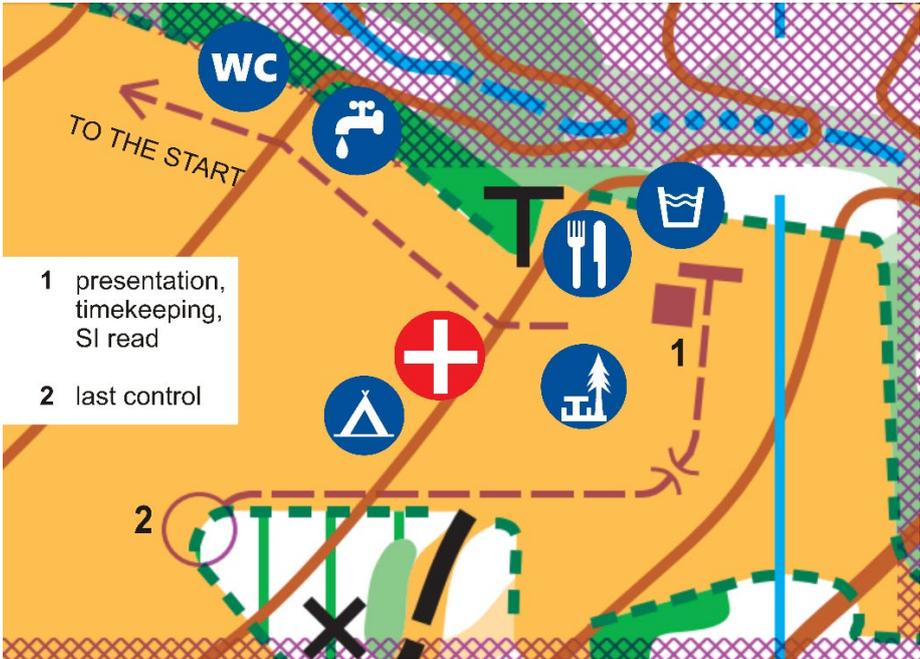
TIME LIMIT AND FINISH CLOSURE

150 MINUTES / from the start. Finish will be closed at 16:00





EVENT CENTRE MAP





Sprint distance competition, 6th April, 2025 Rajecke Teplice

PROGRAM

10:00 – 13:00 – sprint distance competition

13:30 – 14:30 – prize giving ceremony

EVENT CENTRE

CEYOC Sprint Arena, Swimming pool Laura Rajecké Teplice (49.1309783N, 18.6900797E)

See location on [google maps](#)

PARKING

P1 – estimated capacity of at least 60 cars (49.1326100N, 18.6893286E). Distance to arena of up to 300 m.

P2 – along the road and on the meadow (49.1311000N, 18.6926675E). Distance to arena up to 500 m. Arrival is only possible from the village of Poluvsie via Jozef Gabčík Street. Further instructions will be provided by the organizers.

Buses can drop off the competitors at P1 and must then proceed to park at PA – bus arrivals must be announced in advance. (49.1287706N, 18.6779736E)

See location of all parking possibilities on [google maps](#)

MAP

RAJECKE TEPLICE 1:4 000 / 2.5 M, Map maker Zdenek Rajnošek and Zdenek Janů, March 2025, printed on water-resistant paper YUPO 120, Size of the map A3. Course planner – Stefan Sorgan

TERAIN

Compact urban development with a dense network of streets and small parks. There are significant elevation gains in east part of map. This area will be first time used for orienteering competition

EMBARGO

For the sprint distance, a "soft embargo" will remain in effect only until Saturday, April 5, 2025, at 23:59. From that time onward, any movement within the embargoed area is strictly prohibited and will lead to disqualification. The area around the elementary school, which provides hard floor accommodation, and "Pionierska Street" (the access road) are exempt





from the embargoed zone. When traveling to the sprint parking area on April 6, 2025, you must use only "Kuneradská cesta" and "Rajecká cesta" to pass through the embargoed area. Access to Sprint Parking 2 is from the village of Poluvsie via "Jozefa Gabčíka" road. See details on [google maps](#) and on the picture below.

COURSES DATA

	Length	Elevation	Controls
W16	2 800	32	15
W18	3 000	35	15
M16	3 100	50	16
M18	3 300	55	19

Course lengths and elevation are given by the shortest possible option. The courses can cross and the controls can be close to each other. You should be careful about the correct order of the controls and the control codes.

QUARANTINE

Will be created in the arena area. It is the obligation of all competitors to arrive at the quarantine no later than 09:45. The start will be located directly in the quarantine. After the finish line, competitors are not allowed to move in the restricted area of the race where the parking lots are located. Please stay in the finish arena until the last competitor starts. If you need to leave the finish arena early, consult the race director or the main referee first. Communication between the quarantine and the finish arena is prohibited, e.g. through the finish corridor. Controlled by the referees in case of violation, disqualification. An SI box will be placed at the entrance to the quarantine and each competitor will mark the time of entry with their SI chip.

START

Start 00 – 10:00 . The start will be located directly in the quarantine area, and competitors will proceed to the start at -5 minutes.

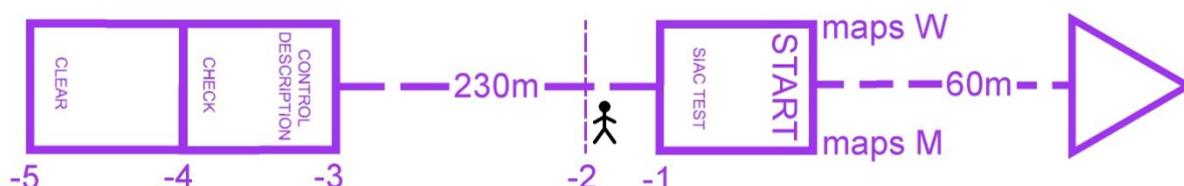
BAG DROP

Bags will be handed over to a tent on the border of the quarantine and the finish arena near the finish. They will be handed over on one side of the tent (quarantine) and collected on the other (finish arena). Organizers will move them from one side of the tent to the other.





START PROCEDURE



START NUMBERS

Same numbers as for long distance competition shall be used.

M16: 001 - 085

W16: 201 - 276

M18: 101 - 163

W18: 301 - 364

RESULTS

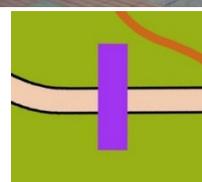
<https://oresults.eu/events/1729>



OBJECT WHICH ARE FORBIDDEN TO CROSS DURING COMPETITION

Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2. are forbidden to cross. There are also some artificial barriers built in the area. Symbols 518 (Uncrossable fence) or 708 (Out-of-bounds barrier) are used to depict artificial barriers with respect to the maximal readability of the map.

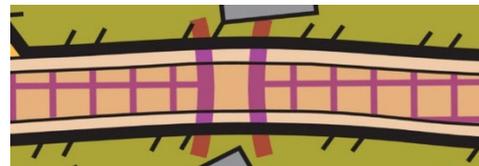
Metal fences with red-white tape cross or at least two horizontal red-white tapes are used. At some places the metal fences may be arranged to enable local inhabitants to pass through, see picture. These are not ways through for competitors.





520 Area that shall not be entered
An area that shall not be entered such as private area, a flower bed, a railway area etc. Places marked with this symbol that might be inadvertently crossed will be taped off with red and white tape (double or single) in the field. Out-of-bounds road edge will be taped, but it's still runners responsibility not to cross such road where not allowed.

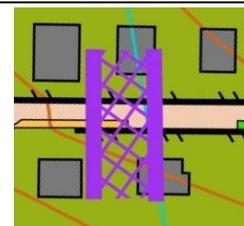
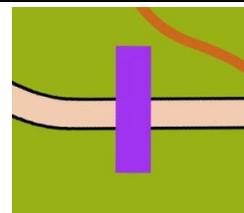
Competitors may only cross the restricted route at locations marked with the **710.1 Crossing point** sign. In the field, the crossing will be marked by two fences on both sides of the route highlighted with red and white tape. Competitors must cross the route between these fences on both sides. Running is permitted on the trails along the road even if the 710.1 Crossing point sign in the map extends over the trails.



Examples of usage for "OUT OF BOUNDS" symbols

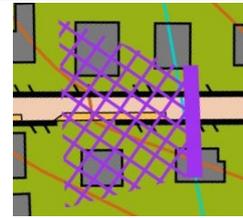
708 Used mainly in parks, the symbol is drawn longer on the map for better readability

Combination 708 + 709 Used mainly in city streets, the symbol is longer and wider for better readability, in the field there will be only one line/fence





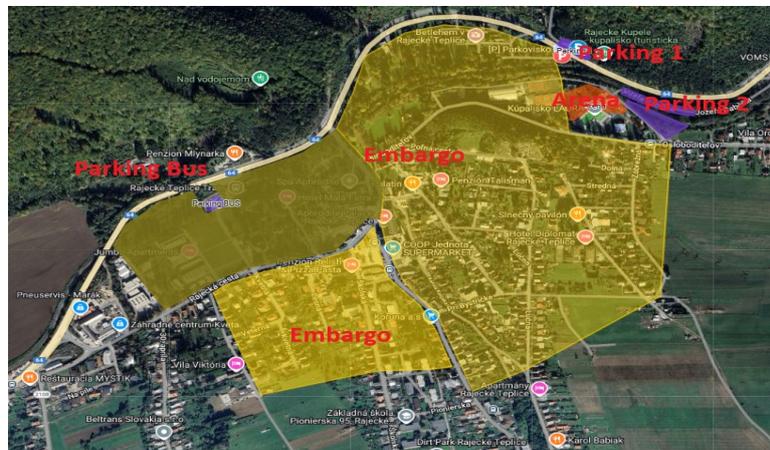
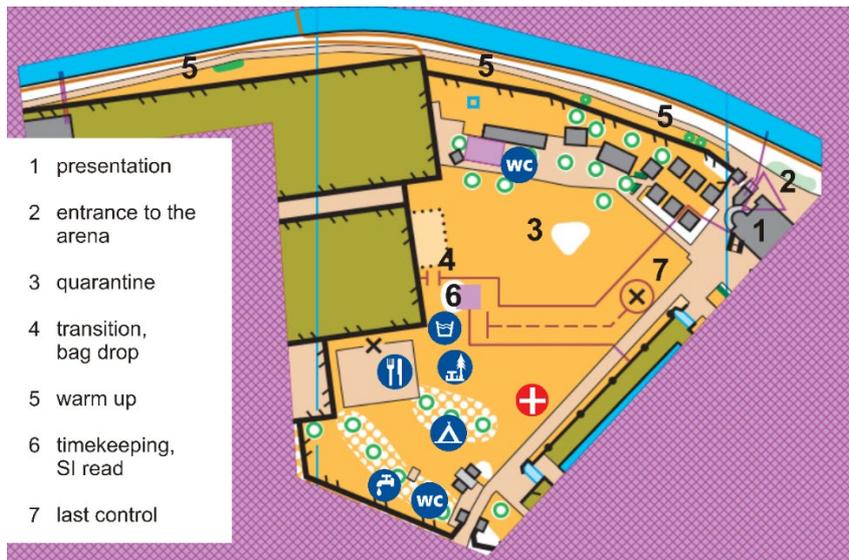
Combination 708 + 709 Used mainly in city streets, the symbol is longer and wider for better readability, in the field there will be only one line/fence



TIME LIMIT AND FINISH CLOSURE

60 MINUTES / from the start. Finish will be closed at 13:30

EVENT CENTRE MAP



CEYOC
2025



ŽILINSKÁ UNIVERZITA
V ŽILINE



SPA APHRODITE



Coca-Cola



Mesto Žilina


GARMIN™

